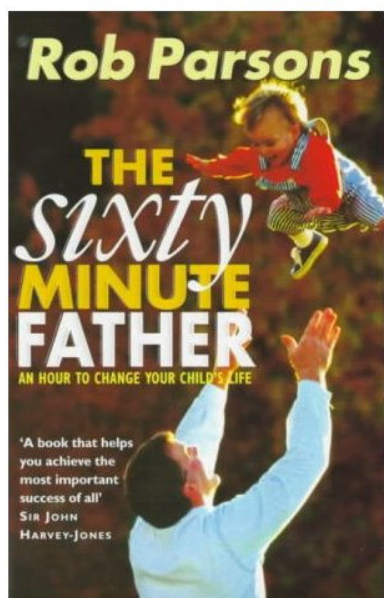


# Binscombe Medical Centre

## Book Recommendation



- **The Sixty Minute Father**
- **Rob Parsons**
- **Publisher:** Hodder & Stoughton (5 Jun 1997)
- **Language** English
- **ISBN-10:** 034063040X
- **ISBN-13:** 978-0340630402

*"Essential down-to-earth reading for every parent of any child no matter what their age." (Review posted on Amazon)*

*"I was lucky to find this book just before my son was born. It made me realise what my lifestyle was risking, and exactly how unique my son was to me." (Review posted on Amazon)*

A book that is designed to take only an hour to read. Light-hearted and funny, but also powerfully serious at times. It looks at the question of why so many fathers want to have a strong relationship with their children, but how life can often get in the way. Just as helpful for mothers too.